

# **STEP 1. SIZE IT**

• Find your waist size on the back of the belt, then cut 2" above your waist size. If you are 46" waist or above then you don't need to cut.

# IMPORTANT: Please double check before cutting. YOUR SIZE CUT HERE 36" 38"

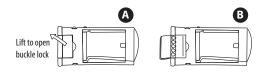


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### STEP 2. ATTACH BUCKLE

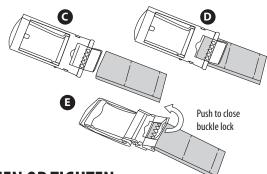
• Lift the buckle lock on the underside of the buckle. (See images A and B)



## STEP 3. SECURE BUCKLE TO BELT

- Slide the buckle onto the cut end of the belt. Secure by closing the buckle lock tab. (See images C, D, and E)
- Be sure that the underside of the buckle is on the same side as the number and the track.

**NOTE:** There may be some resistance when pushing the buckle lock tab closed. This is OK. Just push down until the tab is completely closed.



### STEP 4. LIFT BUCKLE FRAME TO LOOSEN OR TIGHTEN

• To loosen or tighten lift the buckle frame then slide belt left or right.

